

THE REFECTORY



**BIDDULPH
HIGH
SCHOOL**

Week 1	Mexican Monday	Traditional Tuesday	Worldwide Wednesday	Themed Thursday	Fry -Day
Main Junction	Chilli Beef Nachos	Lancashire Hot Pot	Chicken Balti	British Pork Cassoulet	Oven Baked Fish Fillet
Vegetarian	Vegetable Bean Burger	Broccoli & Cheese Flan	Vegetable Biryani	Roast Autumn Vegetables with Lancashire Cheese	Pasta Bake (with soya sausage)
Carbohydrate & Vegetables	Baked Potato Wedges Mixed Vegetables Jacket Potato	Creamed Potatoes Carrots & Peas Jacket Potato	Savoury Rice Naan Bread Green Beans Jacket Potato	Roast & Creamed Potatoes, Broccoli & Carrots Jacket Potato	Chips Mushy Peas, Baked Beans Jacket Potato
Soup	Soup of the day with fresh bread	Soup of the day with fresh bread	Soup of the day with fresh bread	Soup of the day with fresh bread	Soup of the day with fresh bread
Salad	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps
Sub Stop Street Eats	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza
Dessert	Cinnamon Churros Fresh Fruit Pots	Apple Crumble & Custard Fresh Fruit Pots	Banana and Chocolate Cake Fresh Fruit Pots	Steamed Jam Sponge Fresh Fruit Pots	Vanilla Cheesecake Fresh Fruit Pots

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HIGH
SCHOOL**

Week 2	Mexican Monday	Traditional Tuesday	Worldwide Wednesday	Themed Thursday	Fry -Day
Main Junction	Mexican Chicken Enchiladas	All Day Breakfast	Lasagne with Garlic Bread	Spanish Roast Ham	Oven Baked Fish Fillet
Vegetarian	Spicy Vegetable Tacos	Macaroni Cheese with Leeks	Tomato and Basil Risotto	Sweet Potato Tortilla	Savoury Vegetable Pinwheels
Carbohydrate & Vegetables	Lime Rice Mixed Vegetables Jacket Potato	Hash Browns Baked Beans, Sweetcorn Jacket Potato	Potato Wedges Carrots & Peas Jacket Potato	Roast & Creamed Potatoes, Broccoli & Carrots Jacket Potato	Chips Mushy Peas, Baked Beans Jacket Potato
Soup	Soup of the day with fresh bread	Soup of the day with fresh bread	Soup of the day with fresh bread	Soup of the day with fresh bread	Soup of the day with fresh bread
Salad	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps
Sub Stop Street Eats	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza
Dessert	Spiced Ginger Cake Fresh Fruit Pots	Apple Flapjack Fresh Fruit Pots	Pear and Almond pudding Fresh Fruit Pots	Blueberry Sponge Fresh Fruit Pots	Chocolate Marble Cake Fresh Fruit Pots

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**BIDDULPH
HIGH
SCHOOL**

Week 3	Mexican Monday	Traditional Tuesday	Worldwide Wednesday	Themed Thursday	Fry -Day
Main Junction	Mexican Chicken Burger	Sausage & Mash with Onion Gravy	Sweet Chilli Chicken	Hunters Chicken	Oven Baked Fish Fillet
Vegetarian	Baked Sweet Potato with chilli cheese melt	Cheesy Carrot Bake	Sweet & Sour Noodles	Ratatouille	Tomato and Mozzarella Pizza Pocket
Carbohydrate & Vegetables	Baked Potato Wedges Mixed Vegetables Jacket Potato	Creamed Potato Carrots & Peas Jacket Potato	Steamed Rice Stir fry vegetables with noodles Jacket Potato	Roast & Creamed Potatoes, Broccoli & Carrots Jacket Potato	Chips Mushy Peas, Baked Beans Jacket Potato
Soup	Soup of the day with fresh bread	Soup of the day with fresh bread	Soup of the day with fresh bread	Soup of the day with fresh bread	Soup of the day with fresh bread
Salad	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps	Salad Pots, Sandwiches Baguettes & Wraps
Sub Stop Street Eats	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza	Panini of the Day Hot Wraps Pasta King, Pizza
Dessert	Sticky Toffee Sponge Fresh Fruit Pots	Forest Fruit Crumble Fresh Fruit Pots	Fresh Fruit Shortcake Fresh Fruit Pots	Lemon Tart Fresh Fruit Pots	Chocolate Crunch Fresh Fruit Pots