

## WHAT'S ON THE MENU

<b>WEEK 1</b>	<b>MEXICAN MONDAY</b>	<b>TRADITIONAL TUESDAY</b>	<b>WORLDWIDE WEDNESDAY</b>	<b>THEMED THURSDAY</b>	<b>FRY-DAY</b>
<b>MAIN MEAL</b>	CHILLI BEEF TACO CUPS	ROAST PORK WITH APPLE SAUCE	ORGANIC BEEF & TOMATO MEATBALLS	CHICKEN ROGAN JOSH	JUMBO FISH FINGER
<b>VEGETARIAN</b>	SWEET POTATO FALAFELS	CHEESE, TOMATO AND POTATO BAKE	VEGETABLE LASAGNE	ONION BHAI & MINT RAITA	VEGETARIAN SAUSAGE POPOVERS
<b>VEGETABLES POTATOES</b>	BBQ BEANS, SWEETCORN POTATO WEDGES	ROAST & CREAMED POTATOES BROCCOLI & CARROTS	MEDITERRANEAN VEGETABLES PASTA TWISTS	TURMERIC RICE CORIANDER CARROTS NAAN BREAD	CHIPS MUSHY PEAS, BAKED BEANS
<b>SOUP</b>	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD
<b>SALAD</b>	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS
<b>GRAB 'N' GO</b>	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA
<b>DESSERT</b>	VANILLA AND & PINEAPPLE SPONGE	APPLE PIE WITH CUSTARD	RASPBERRY GELATO	CHOCOLATE & COCONUT CAKE	FLAPJACK

## WHAT'S ON THE MENU

<b>WEEK 2</b>	<b>MEXICAN MONDAY</b>	<b>TRADITIONAL TUESDAY</b>	<b>WORLDWIDE WEDNESDAY</b>	<b>THEMED THURSDAY</b>	<b>FRY-DAY</b>
<b>MAIN MEAL</b>	BEEF ENCHILADA POTATO BAKE	ROAST GAMMON WITH PINEAPPLE	CUBAN CHIMICHURRI LAMB BAKE	LOUISIANA CHICKEN AND POTATO PIE	BREADED FISH FILLET
<b>VEGETARIAN</b>	MEXICAN VEGETABLE FLATBREAD	CHEESE AND ONION QUICHE	CUBAN RICE AND BEANS	VEGETABLE PRETZEL BURGER	CHEESE AND TOMATO PIZZINI
<b>VEGETABLES POTATOES</b>	RUSTIC BAKED SWEET POTATOES MIXED VEGETABLES	ROAST AND CREAMED POTATOES, CARROTS AND PEAS	BAKED POTATOES SWEETCORN BROCCOLI WITH CHILLI FLAKES	POTATO WEDGES MIXED ROAST VEGETABLES	CHIPS MUSHY PEAS BAKED BEANS
<b>SOUP</b>	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD
<b>SALAD</b>	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS
<b>GRAB `N `GO</b>	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA
<b>DESSERT</b>	CINNAMON WAFFLES	PEAR AND RASPBERRY CRUMBLE	APPLE CHURROS	CHOCOLATE AND ORANGE BROWNIE	LEMON ICED SPONGE

## WHAT'S ON THE MENU

WEEK 3	MEXICAN MONDAY	TRADITIONAL TUESDAY	WORLDWIDE WEDNESDAY	THEMED THURSDAY	FRY-DAY
<b>MAIN MEAL</b>	ORANGE CHILLI CHICKEN WRAP	COTTAGE PIE	SWEDISH MEATBALLS	HOI SIN PORK WITH NOODLES	SALMON AND SWEET POTATO FISH CAKE
<b>VEGETARIAN</b>	LOADED VEGETABLE NACHOS	MAC 'N' CHEESE	STUFFED PEPPERS WITH POLENTA	SWEET AND SOUR VEGETABLE STIR FRY	QUORN BREADED NUGGETS
<b>VEGETABLES POTATOES</b>	CAJUN POTATO WEDGES, CORN ON THE COB	ROAST AND CREAMED POTATOES, CARROTS AND PEAS	VEGETABLE RICE, BROCCOLI AND CAULIFLOWER	CORIANDER RICE, GREEN BEANS AND BATTON CARROTS	CHIPS MUSHY PEAS BAKED BEANS
<b>SOUP</b>	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD	SOUP OF THE DAY WITH FRESH BREAD
<b>SALAD</b>	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS	SANDWICHES, WRAPS, SALAD POTS
<b>GRAB 'N`GO</b>	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA	PANINI OF THE DAY HOT WRAPS PASTA KING, PIZZA
<b>DESSERT</b>	LEMON CHEESECAKE	MIXED BERRY MERINGUE	SWEDISH RICE PUDDING	ALMOND SPONGE CAKE	CHOCOLATE CRUNCH