



**BIDDULPH
HIGH
SCHOOL**

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Headteacher: **Mrs E C Robinson BA (Hons)**

3rd March 2021

FOR THE ATTENTION OF THE PERSON WITH PARENTAL RESPONSIBILITY

Re: Relationships and Sex Education (RSE) and Health Education

As part of your child's education at Biddulph High School, we promote personal wellbeing and development through many means, including a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. PSHE education is taught in years 9-11 during tutorial periods with form tutors.

The 'Relationships and Sex Education (RSE) and Health Education' statutory guidance published in June 2019 outlined that relationship and sex education will be compulsory alongside health education. As part of our PSHE programme, we already cover topics relating to sex and relationships (RSE) and this will be a statutory requirement in all schools from September 2020 (extended to Summer 2021 due to Covid-19 disruption).

The purpose of the RSE curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. RSE lessons will include teaching about: healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence.

Parents and carers have a right to withdraw their children from sex education, up to three terms before the child turns 16. At this point, if children themselves wish to receive sex education, rather than be withdrawn, the school should make arrangements for this to happen in one of the three terms before the child turns 16. Additionally, there is no right to withdraw from Relationships Education at secondary level. Should you wish to withdraw your child from sex education lessons, then please contact the school and we will arrange for our Designated Safeguarding Lead and PSHE Coordinator to discuss this with you.

We would like to take this opportunity to consult with you on the draft policy for Relationships and Sex Education (RSE) and Health Education. The policy is attached to this email for you to read. In addition, we would ask you to complete a short survey about the policy, where you will be able to give feedback. Please complete this by Friday 12th March. **Please click the following link to access the survey:**

https://forms.office.com/Pages/ResponsePage.aspx?id=DvwijTBsZE6gYuG_og2whQiKPeBAxYZKn-Lsp7q5sctUOUZZQ0dZRkY0SzNVOEdDRzBPTFCM1Q1Ti4u

We thank you in advance for your time participating in this consultation.

Yours sincerely,

Mrs E Moss
Assistant Headteacher

Mrs R Barry
Head of Year

Enc.

