



## **We wish you a Merry Christmas and a Happy Healthy New Year.**

If it gets tough this year, please don't struggle. We've added some useful numbers below:

### **Biddulph Food Bank**

Please call in at Biddulph Youth & Community Zone for a voucher or call them direct on 01782 244288. You can also contact the Central Foodbank: 01782 317942 for a digital voucher and assistance if you are new to the scheme.

Locally you can collect:

- Mondays- St. John's Church, Knypersley
- Thursdays- English Martyrs Church, Biddulph
- Food parcels will cover a family for 7 days

### **Biddulph Youth and Community Zone, Church Road**

Order fruit and veg boxes £3 on Wednesday, for collection Thursday. Also lots of support and groups for all ages.

Call 01782 244288 for more information.

### **The Green Tree House Community Food Club, High Street**

Tuesday 10.00-2.00

Wednesdays 10.00-2.00

Friday 10.00-2.00

Saturdays 10.00-2.00

10 items for £4.50, 20 items for £9 or 30 for £13.50

Cupboard staples and free hygiene/ personal products. Call 07843 988440

**Citizens Advice** offer a number of services:

- **Help to Claim Service** for help with making a new claim for Universal Credit: **0800 144 8 444**
- **Debt advice** call: **01782 408625** and leave a message or email [moneyadvice@snsCab.org.uk](mailto:moneyadvice@snsCab.org.uk)
- **Housing Advice** if your home is at risk call: **01782 408690** or email [steve.tomkinson@snsCab.org.uk](mailto:steve.tomkinson@snsCab.org.uk)

If you are in receipt of Free School Meals then you will have options to attend some **FREE Holiday Clubs with a FREE meal**. If you pay for your meals you may still attend but there may be a small charge. Please enquire for details.

FREE Creative Communities are running a Holiday Activity & Food program at Biddulph Town Hall.

- Fun Games
- Educational Activities
- Creative Crafts
- Sports
- Tasty Food!

For all children aged 5-16 (age 8 and under to be accompanied by an adult)

Book your session on:

[www.sportingcommunities.org/half-activities](http://www.sportingcommunities.org/half-activities)

or call 07734230650

FREE Christmas Radio Workshops!

Radio Workshops is pleased to announce our radio workshops on the 20<sup>th</sup> and 21<sup>st</sup> December.

Free to eligible free school meal children, they'll learn the techniques of producing, presenting and broadcasting!

The workshops run from 10am-3pm and will take place at Biddulph High School with a hot healthy meal provided.

Suitable for ages 5-16. Book now to avoid

disappointment: [www.staffordshire.gov.uk/holidayactivities](http://www.staffordshire.gov.uk/holidayactivities)

If you are on Facebook please do check out the **Staffordshire Moorlands Children's Centre page and The Nest Biddulph**.