



BTEC SPORT TECH AWARD LI/2



Comp 1 - Preparing Participants to Take Part in Sport and Physical Activity
Learning Outcome A Types and providers of sport and physical activities. Types and needs of sport and physical activity participants

Comp 1 - Preparing Participants to Take Part in Sport and Physical Activity
Learning Outcome B Examine equipment and technology required for participants to use when taking part in sport. Different types of sports clothing and equipment

Component 1
December
PSA
Completion



Component 2

Comp 2 - Taking Part and Improving Other Participants Sporting Performance
Learning Outcome A Understand how different components of fitness are used in different physical activities



Comp 2 - Taking Part and Improving Other Participants Sporting Performance
Learning Outcome A Be able to participate in sport and understand the roles and responsibilities of officials

Year
10

Component 1

Course Introduction
Specification requirements
Assessment Plan.
Distribution of resources.
Component 1 Intro

Comp 1 - Preparing Participants to Take Part in Sport and Physical Activity
Learning Outcome A Barriers to participation in sport and physical activity for different types of Participant. Methods to address barriers to participation

Comp 1 - Preparing Participants to Take Part in Sport and Physical Activity
Learning Outcome C Planning a warm-up. Adapting a warm-up for different categories of participants. Delivering a warm-up to prepare participants for physical activity



Year
11

Component 3

Comp 3 - Developing Fitness to Improve Other Participants Performance in Sport
Learning Outcome A Explore the importance of fitness for sports performance



Comp 3 - Developing Fitness to Improve Other Participants Performance in Sport
Learning Outcome B Investigate fitness testing to determine fitness levels



Comp 3 - Developing Fitness to Improve Other Participants Performance in Sport
Learning Outcome C Investigate different fitness training methods



Comp 3 - Developing Fitness to Improve Other Participants Performance in Sport
Learning Outcome D Investigate fitness programming to improve fitness and sports performance

Component 2
PSA
Completion



Comp 2 - Taking Part and Improving Other Participants Sporting Performance
Learning Outcome C Drills to improve sporting performances



Comp 2 - Taking Part and Improving Other Participants Sporting Performance
Learning Outcome C Planning drills and conditioned practices to develop participants' sporting Skills.



Component 3
Exam